

Conference Workshops

Monday, June 21

10:35-12:05 pm

Innovating Prevention in the Digital Age (Megan Garrison and Emily Durand)

During the last year, many in the prevention field have had to radically shift not only the content of our curricula but also the way we present our curricula to adapt to the unprecedented environment surrounding COVID-19. Knowing that these new communication standards within technology have altered the traditional means of prevention education, how can we successfully apply these new techniques and distribution channels into our curriculums seamlessly and successfully? Developing new ways to utilize technology and digital platforms is an invaluable skill we hope to pass on through this workshop while continuing to work on a framework of inclusion, anti-oppression, and accessibility.

#Prevention

Queer Language: Discovering the Roots of LGBTQ+ Language (Carolyn Wilson and Alexandra Anastasia)

This workshop will talk about the etymology of LGBTQ+ language and the importance of words and their histories. We will engage an intersectional lens in order to discuss LGBTQ+ terms, definitions, and origins, delving into how language can be used by both the oppressor as a form of violence as well as the oppressed as an act of resistance. It is critical that we understand both the roots of language as well as the notion that since language is ever-evolving our use of language in the present creates “roots” for the future. We will consider that much of the language established by the LGBTQ+ community was coded vernacular developed for survival. Additionally, we will ponder the use of LGBTQ+ language in mainstream culture and why it can be seen as both positive and negative.

#AntiOppression

Alignment is the New Hustle (Kori Stephens)

So much of our own suffering and that of the world could be healed if we devoted ourselves to coming in to radical alignment. This is not soft and fluffy work. While I love bubble baths, this goes beyond your typical self-care checklist. Angela Davis defined radical as “Simply grasping things at the root.” For some of us the root of our beliefs, behavior and misalignment is deep. It is entrenched in years of ancestral, community and family trauma. During this interactive workshop you will have the opportunity to explore the three domains of radical alignment, self, relationships and environment, and walk with with practical action steps to help you move towards greater alignment and resilience.

Monday, June 21

1:35-3:05 pm

Cultivating Affirmation and Belonging for LGBTQ+ Youth (Amanda Erickson)

Examine statistics related to discrimination within schools and resulting risk factors that LGBTQ+ youth face on a day-to-day basis, then discuss ways that professionals can improve the general climate of schools, community centers, organizations, agencies, counseling offices, etc. through various strategies from simple word choice to organizational policy change.

#AntiOppression #Prevention

Finding a Place for Faith in Sexual Violence Advocacy (Emily Bernath)

For many reasons such as shame and fear, rape is the most underreported crime in America. Many people after being sexually assaulted lose faith because someone they previously had confidence or trust in broke that trust. As advocates, we have the ability to be a light in their lives and give them reason to have faith again, first and foremost by believing them. This workshop will explore how applying principles of faith and love can bring a safe space, transformation, and healing for those who have been sexually assaulted.

#Advocacy

Title IX Q&A with OAESV's Legal Team and the Ohio Survivor Legal Assistance Clinic

(Camille Crary, April Carter, Becca Getson, and Kandra Roberts)

Have questions about Title IX and how to assist survivor's through a Title IX process? Join OAESV's Legal Team and the Ohio Survivor Legal Assistance Clinic to learn more about Title IX. The Legal Team and the Clinic will answer some frequently asked questions and provide a time to ask questions of leadership, legal professionals, and advocates.

#Advocacy

Monday, June 21

3:15-4:45 pm

Bridging our Efforts: An Update on Ohio's Prevention State Action Plan (Dr. Shemariah Arki)

Participants will review the current state action plan in process; discuss goals, strategies, and key areas of improvement; provide high-level feedback from those who work closest with our most marginalized populations; learn of professional development opportunities to contribute to and learn from the plan; and be introduced to a DEII (diversity, equity, inclusion, intersectionality) model that they can begin to utilize in their own work.

#Prevention

Restorative Self-Care Practices: Addressing Secondary Trauma Exposure (Sonia Ferencik)

This experiential workshop is designed for frontline advocates to bolster vital knowledge about the vagus nerve, breath, and movement in addressing secondary trauma exposure. Practical strategies weaved in through self-discovery activities will encourage new advocates and seasoned advocates to become accountable for their self-care and overall well-being. Advocates will explore secondary trauma exposure concepts to gain awareness about how to be well in their services to child and adult survivors. You will have an invitation to practice techniques such as breathing, movement, and self-care strategies to enhance your health. An overview of prevention concepts in resiliency, understanding the vagus nerve in relation to breath and regulation, and using nature and gratitude as wellness approaches. Bring a blanket or stay in your chair to experience the benefits of simple activities. Consider bringing markers, paper, and art supplies you'd like to use as we will use these in an activity.

#SelfCare

From Victim to Survivor: Music as a Tool for Healing and Empowerment (Veronica Quinonez)

The field of interpersonal violence has largely relied on white-western models of care for survivors dealing with trauma. This workshop is rooted in decolonizing care principles and highlights a method of care humans have utilized for ages across all cultures; music. The workshop allows participants to explore musical exercises and ties the value of storytelling across a continuum of healing, empowerment, and prevention.

#AntiOppression #Advocacy

Tuesday, June 22

10:30-12 pm

Child Sexual Abuse Response and Prevention in Organizational Settings (Dr. Luciana C. Assini-Meytin)

This workshop's primary goal is to present a set of best-practice recommendations for child sexual abuse response and prevention in organizational settings developed by a group of researchers in academic institutions in the U.S. and abroad. These best practice recommendations were informed by a two-year research project in collaboration with some of the largest and longest operating youth serving organizations in the U.S. In this 90-minute session, participants will learn and engage in discussion about (1) the prevalence of child sexual abuse in organizational settings; (2) findings from an in-depth characterization of current responses and prevention measures using four of the largest U.S.-based youth serving organizations as exemplars; and (3) the best practice recommendations, or overarching goals, to prevent and respond to child sexual abuse in organizational settings.

[#Prevention](#)

Harnessing the Power of K-12 Policies for Outer-Level Prevention Work (Maria Cole and Katie Swindler)

Our workshop will cover the school policy evaluation rubric created by the School Policy Workgroup, explore the importance of policy work, host discussions among preventionists, and include collaborative slides for attendees to interact and share knowledge. The first portion of our presentation will review the theoretical grounding, research, organization, and use and application of the rubric. Next, we will examine how school policy fits within the socio-ecological model of primary prevention. After grounding the group in process and theory, we hope to engage participants in conversations about specific components of the rubric by utilizing collaborative breakout spaces. Toward the end of the session, we want to uplift successes, challenges, barriers, and potential solutions for doing outer-level prevention work with K-12 policies. The workshop will end with a question and answer period.

[#Prevention](#)

Providing Advocacy to Immigrant and Refugee Sexual Violence Survivors (Samantha Salamon, Monicah Yonghang, and Keltourn Rhali)

Our workshop will be exploring the barriers service agencies face when helping immigrant and refugee survivors of sexual violence. Our goal is to explore how we can be more inclusive to the linguistic and cultural needs these survivors face. We will define various types of immigration statuses and terms, how these could affect services when helping survivors, barriers service agencies may face, and techniques to utilize within your agency.

This workshop will give you tools and practices to help trim away the weeds to restore growth and allow for more inclusion within your agencies.

[#Advocacy](#)

Tuesday, June 22

1:00-2:30 pm

Zines: opening worlds of possibility with pen, paper, and staples (Nico Fuentes)

To paraphrase bell hooks, children make the best theorists, since they have not yet been educated into what our society deems “natural” or “inevitable”. They do not see why we might not do things differently. Let’s harness that youthful energy to do things differently!

This is a collaborative workshop that works to empower participants and youth through an exploration of Zines as countercultural narratives from the Riot grrrl feminist punk movement in the early 90s and specifically looks at the work of Cindy Crabb, zine artist, Somatic Experience practitioner, and counselor. This workshop aims to reach teens in youth-led prevention work. This movement will be shown in parallel to the grassroots trajectory of RCC's and will end with a group collaborative project that can be used as a model to engage youth in peer-led prevention initiatives addressing topics of transformative justice pertaining to gender, race, ability, and sexuality.

#Prevention

Abolition is Transformative Justice (Hana Abdur-Rahim)

A thought provoking and action inspiring powerpoint presentation on Abolition and how it is the foundation of Transformative Justice. The presentee hopes to educate the attendee on the basics of Abolition and inspire them to use these tools and resources in our communities, as we continue to dismantle the oppressive system of white supremacy.

#AntiOppression

Caring for our Roots: A Provider’s Guide to Self-Care through the Root Chakra (Jessica Martin)

This training explores the unique self-care needs of providers through the lens of the Root Chakra. Providers in the field of sexual assault experience fear and stress on many levels in their work. The Root Chakra, located at the base of our spine, allows us to work through themes of grounding, belonging, tribe, safety and security which help counteract the effects of vicarious trauma. Attendees will have the opportunity to practice self-care through light Chair Yoga practice, intention building, breath work, and guided meditation that will allow them to create a sense of wellbeing and security from within.

#Advocacy

Tuesday, June 22

2:45-4:15 pm

Youth 360 Presents: Young Love Matters (Sharon Kidd and Joshua Hill)

Young Love Matters is a panel discussion amongst Ohio youth to help communities understand the warning signs of an abusive relationship in order to help normalize healthy relationships. We will also discuss how to respect others' boundaries and practice affirmative consent within ALL relationships.

#Prevention

Let's Talk Oppression and Hold Each Other Accountable (Jackie Strohm and Tatiana Piper)

In our daily lives, we consciously and unconsciously witness or perpetrate violence towards people who identify at the margins. During this workshop, we'll explore how sexual violence and forms of oppression are inadvertently intertwined. This workshop will provide tools to give and receive feedback in the workplace and with allied professionals. Participants will practice how to engage in difficult conversations to hold each other accountable when we cause harm.

#AntiOppression #Prevention

Cultural Considerations in Dimensional Self-Care (Casey Frazee Katz and Zoe Miller)

Self-care is often discussed as a 'buzz word' and can quickly lose its importance. In this workshop, dimensional self-care is discussed as an integral part of every person's self-management and self-regulation. Self-care domains of Physical Care, Boundaries, Treating Myself Well, Needs & Duties, Realistic Vision, and Asking for/Accepting Help will be broken down into manageable components for participants to begin building their own self-care plans. Stress impacts each person and community differently so cultural considerations are woven throughout the training for people of color to address barriers to self-care and self-management. Delivered from a restorative care approach, this workshop welcomes participants to engage in ways to support themselves and restore their roots!

#SelfCare

Thursday, June 24

10:35-12:05 pm

Thinking beyond the system: Liberation through transformative justice (Megha Rimal and Katherine Brandt)

The mainstream anti-violence movement thrives on criminalization and policing. It has often excluded the most marginalized survivors (survivors of color, trans survivors, sex workers, etc) who are impacted by the various levels of oppression. Therefore, it is important to go back to the roots of the anti-violence movement that addresses sexual and domestic violence within the context of institutionalized state-sanctioned violence. This workshop will discuss the shift within the anti-violence movement from being rooted in community-based projects to relying on state funding to serve survivors. It will use a transformative justice framework to address violence, harm, and abuse faced by most vulnerable survivors of violence. The core of the workshop will be scenarios and examples that will help participants use TJ principles and a liberatory approach to violence.

#AntiOppression #Prevention

Growing in Partnership: Nourishing the Roots of Campus Advocacy through Community Collaboration (Lauren Lochotzki)

This session will walk participants through the process of partnering and coordinating various campus groups to expand campus advocacy services. New Directions has built partnerships with the Title IX Office, the counseling center, and an existing group of students called the Sexual Respect Peer Alliance on Kenyon College campus in Gambier, Ohio. As an unaffiliated community partner, New Directions has been able to mediate and focus the various goals of these different campus groups to develop a set of common goals to expand campus advocacy and meet the needs of survivors. Participants will gain key takeaways about how they can replicate this community collaboration with campuses in their own communities.

#Advocacy #CoordinatedCommunityResponse

Thursday, June 24

1:05-2:35 pm

Impact of and Resolutions for Vicarious Trauma in Law Enforcement and Prosecution Systems (Donna Holbert and Casey Frazee Katz)

Vicarious trauma is real and it's affecting our prosecutors, victim advocates, law enforcement and communities. In government and law enforcement settings, vicarious trauma isn't always discussed and leads staff to quickly burnout, have compassion fatigue, or engage in poor self-care routines which can lead to victims not getting the care they need either. This workshop will explore vicarious trauma, its impacts on individuals, communities and workplaces. Participants will learn about the PRO-QOL compassion satisfaction/fatigue scale to help them gauge their own levels of vicarious trauma. Participants will then learn concrete ways to address various trauma and explore ways to combat this in themselves and their organizations and advocate for reasonable accommodations and changes within systems to decrease the level of burnout and increase compassionate response.

[#SelfCare](#)

Working with Military Sexual Assault Victims: A Community Approach (Shelly Trimble)

Workshop will discuss military structure, culture, and the military in Ohio. The workshop will cover the Air Force Sexual Assault Prevention and Response program, the process of reporting sexual assault in the military, reporting options, barriers, benefits, and limitations to reporting sexual assault in the military, and how civilian agencies can coordinate sexual assault response services to military victims of sexual assault.

[#CoordinatedCommunityResponse](#)

