# Cultivating Affirmation and Belonging for LGBTQIA+ Youth

Amanda Erickson (she/her)

Director of Education & Outreach



Kaleidoscope Youth Center is the largest and longest serving organization in Ohio solely dedicated to serving and supporting LGBTQIA+ youth.

Our mission is to work in *partnership* with youth to provide safe and inclusive spaces in our drop-in Center, in schools, and in our community.

**Drop-in Center Programming** (currently virtual, ages 12-20)

Education & Training Program (currently virtual)

**KYC Connections Program** (ages 16-24)

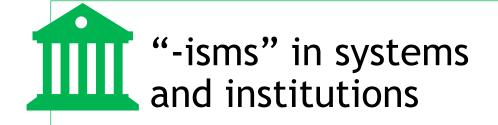


### Context















#### GELF-AFFIRMATION

for cisgender kids

for transgender kids















### Today's Agenda

Reflection Youth Experiences Visible Allyship Action Steps



### Warm up your imagination!



## Experiences of LGBTQ+ Students

School Climate in Ohio



### Anti-LGBTQ Discrimination in Ohio Schools

LGBTQ+ students in Ohio are regularly prevented from:



Expressing public displays of affection (PDA) in school



Using the bathroom that aligns with their gender



Using the locker room that aligns with their gender



Using their chosen name or gender pronouns

### Anti-LGBTQ Discrimination in Ohio Schools

LGBTQ+ students in Ohio are regularly prevented from:



Wearing clothing considered inappropriate for their gender



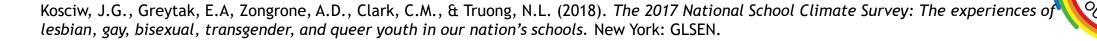
Including LGBTQ+ themes in extracurricular activities



Discussing LGBTQ+ issues in assignments



Wearing LGBTQ+ supportive apparel



### Anti-LGBTQ Discrimination in Ohio Schools

LGBTQ+ students in Ohio are often:



Unable to bring a same-gender date to a school dance



Unable to form a GSA



Prevented or discouraged from playing school sports due to an LGBTQ identity



Disciplined at school for identifying as LGBTQ

# Anti-LGBTQ Discrimination means:

- more missed school
- lower GPAs
- lower self-esteem

**GLSEN**°

Source: 2019 National School Climate Survey Learn more at <a href="mailto:slicker:globalcommons.goog/nscs">globalcommons.goog/nscs</a>



### Suicide Risk

LGB youth who come from highly rejecting families are 8.4 times as likely to have attempted suicide as LGB peers who reported no or low levels of family rejection.

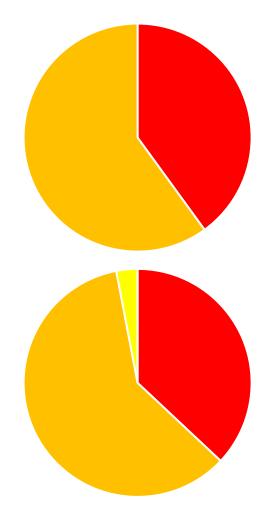
Each episode of LGBT victimization, such as physical or verbal harassment or abuse, increases the likelihood of self-harming by 2.5 times on average.



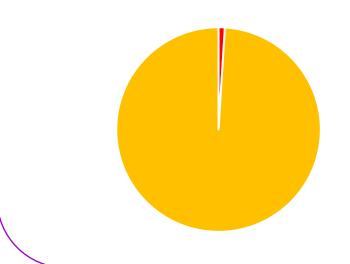
### Suicide Risk

In a national study, 40% of transgender adults reported having made a suicide attempt.

**92**% of these individuals reported having attempted suicide before the age of 25.



Compare that to the general population, where somewhere between 0.5% and 1.5% of adults have made a suicide attempt.





# But what does "supportive" look like?



### Creating Inclusive Environments

# Diversity Within Community

Support Students

Don't Make Assumptions Gender Neutral Language Call Out Negative Behavior This is Not a
Taboo
Topic!



### When Someone Comes Out



Thanks for trusting me!



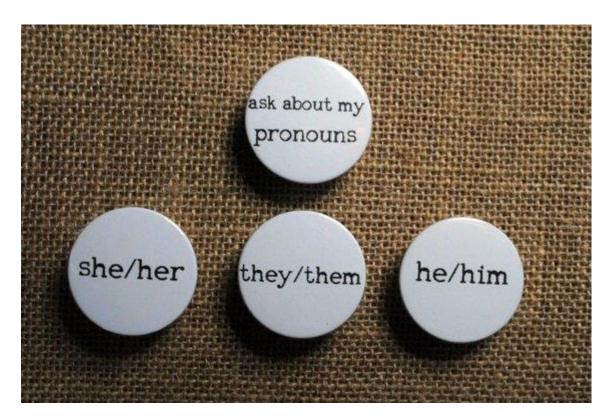
Is this something I can talk to others about?



How can I support you? What support do you need?



#### Normalize Pronoun Use



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#### Amanda Erickson

Education & Training Manager pronouns: she/her/hers



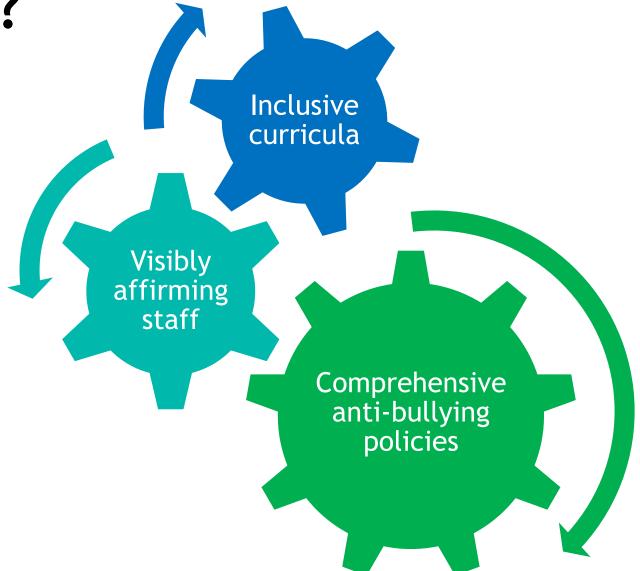






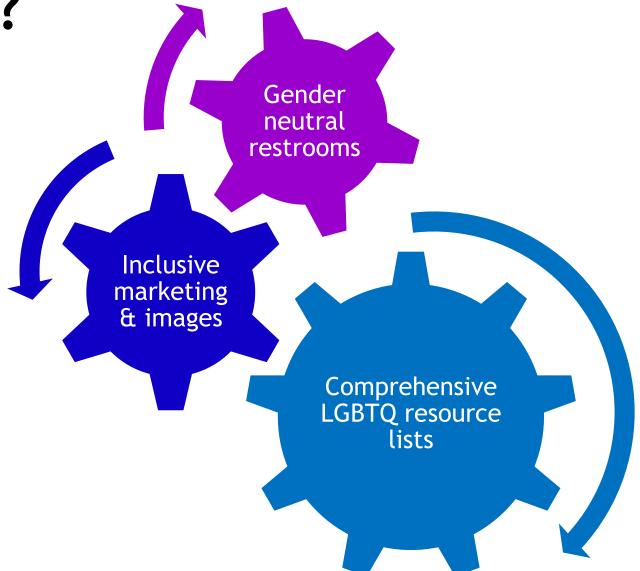


**But How?** 





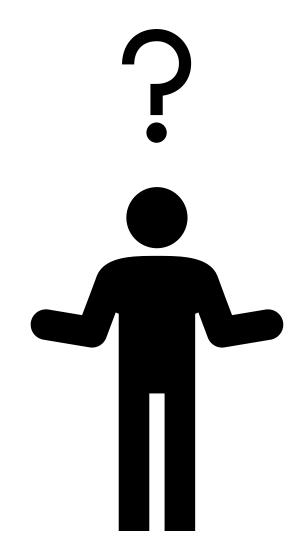
**But How?** 





## The Importance of Being a "Visible Ally"

"The counselors at my school have never said whether we can come to them about LGBTQ subjects or not. So you really don't know if they are well educated about the LGBTQ community."





### The Importance of Being a "Visible Ally"

"At school, I have been bullied and called slurs by other students. When I asked the principal to help my situation, he laughed at me and told me I was overreacting... I find it extremely hard to trust the adults at my school because they more than likely share the same opinions."



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## The Importance of Being a "Visible Ally"

"I know my school is generally accepting. The GSA gave out safe space stickers to all the teachers and most of them put them up, so I know I won't be judged for talking about my identity."





### How to Intervene

Address immediately

Name the behavior

Teachable moment

Support the targeted person

Hold aggressors accountable



# Virtual Learning Considerations

Student Name Student Email Address

Pronoun Fields

Being on Screen



#### slido

# What are some individual changes you can resolve to make moving forward?

(i) Start presenting to display the poll results on this slide.



# LGBTQ+ students feel safer and more supported with:



Comprehensive anti-bullying and anti-discrimination policies



Teachers and school staff who are supportive of LGBTQ students



**Gender and Sexuality Alliances** 



An LGBTQ-inclusive curriculum



### Contact Info

Kaleidoscope Youth Center

614-294-5437

kycohio.org











**Amanda Erickson** 

Director of Education & Outreach

amanda@kycohio.org

linkedin.com/in/abuchert

