

# Positive Behavioral Interventions and Supports (PBIS)

What It *Is*, What It *Is Not*, *and* How to Incorporate Into Your Work with Schools

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# **Today's Presenters**

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# **Polling Questions**





# **Today's Discussion**

**Core Components of PBIS** 

## Common Myths of PBIS

Federal and State Guidance and Requirements



## **PBIS Helps ALL Students Succeed!**





# **Core Components of PBIS**



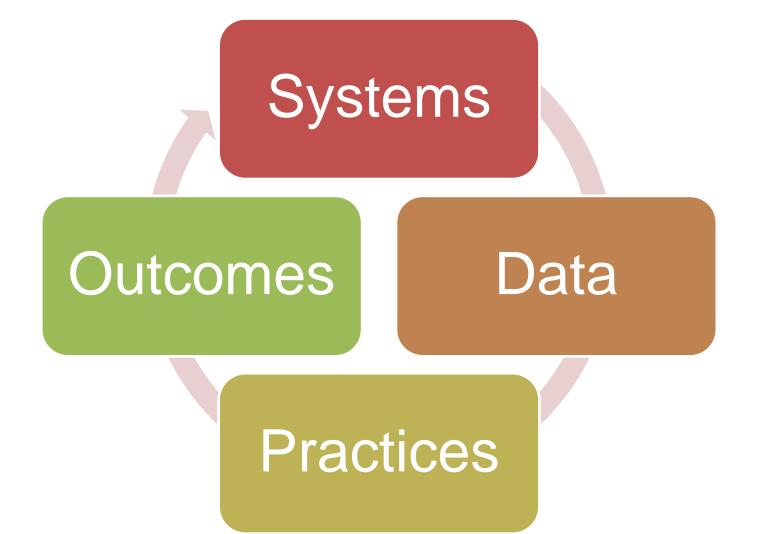
# Positive Behavioral Interventions and Supports (PBIS)

An implementation **framework** for maximizing the selection and use of **evidence-based prevention** and **intervention practices** along a **multi-tiered continuum** that supports the academic, social emotional and behavioral competence of all students.

PBIS.org, National Technical Assistance Center on PBIS, June, 2018

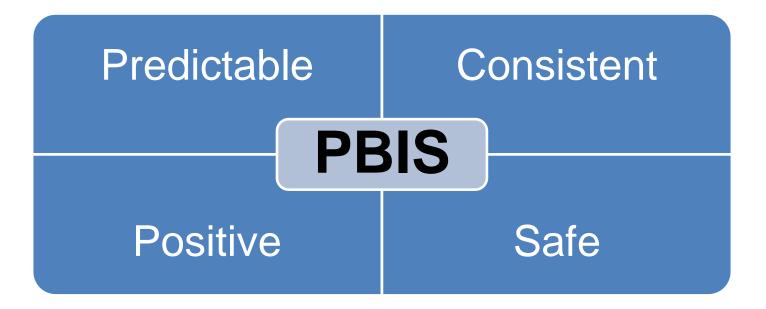


## **PBIS** is a **Process**





# **Fundamental Purpose of PBIS:** Make Schools Safe and Effective **Learning Environments**





# **PBIS is a Paradigm Shift**

## Reacting to Problem Behavior

Teaching and Recognizing Positive Behaviors



# Is this how you would teach it?

### Academic Skill: Addition

- 2+2 is not 1
- 2+2 is not 2
- 2+2 is not 3
- 2+2 is not 5
- 2+2 is not 6
- 2+2 is not 7
- Etc. . .

### Behavior: <u>Peer Relations</u>

- No elbowing others
- No kicking
- No hitting
- No pinching
- No biting
- No scratching
- Etc. . .



# **PBIS is about Adult Behavior**

Adults create the environments that help students succeed.





# **Multi-tiered System of Supports**

Tier III: Individual intervention for a few

Tier II: Early interventions for some students

Tier I: Preventative measures for all students



# **Tier I Supports**

- Three to five schoolwide expectations
- Expectations taught and practiced across all settings
- Expected behaviors are reinforced

Preventative Measures for All Students



# **Schoolwide Expectations**



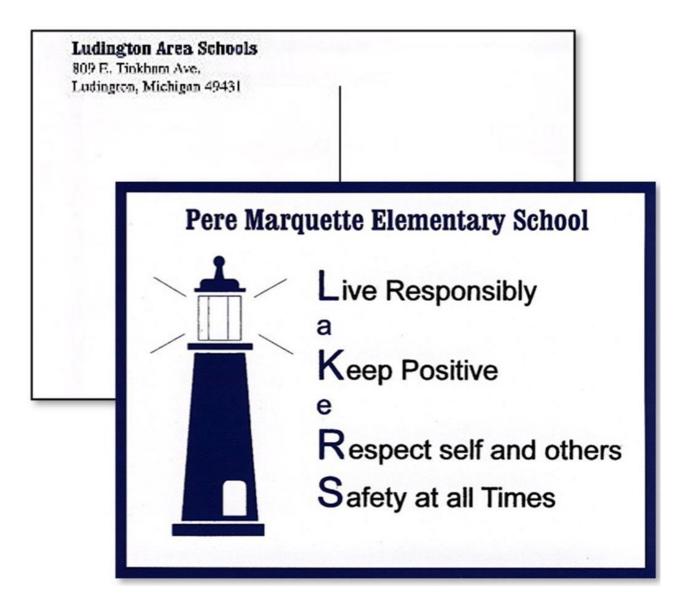




# **Schoolwide Expectations**

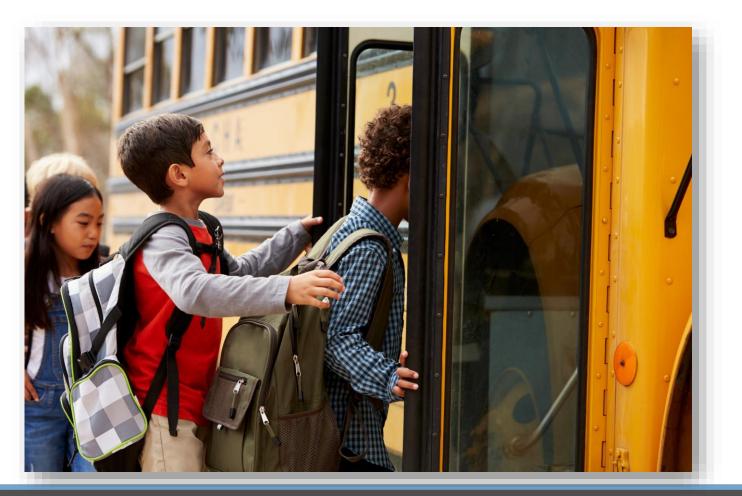








# Teach Behavior Expectations Across All Settings





Trustworthy-Stay in designated area Respectful - Keep hands & feet to yourself Responsible - Use equipment properly Fair - Use good sportmanship Caring - Include others Good Citizens - Line up quietly and quickly





Trustworthy-Use equipment properly Respectful - Use quiet voices Responsible - Wash hands Fair - Take your turn Caring - Respect Privacy Good Citizens - Clean up after yourself





# Recognize and Reinforce Expected Behavior

- Higher rate of positive to negative feedback
- Timely, specific feedback increases learning
- Link feedback to behaviors and expectations
- Verbal praise/feedback
- "Caught being good" tickets
- Privileges or tangible reinforcers



# Secondary Supports (Tier II)

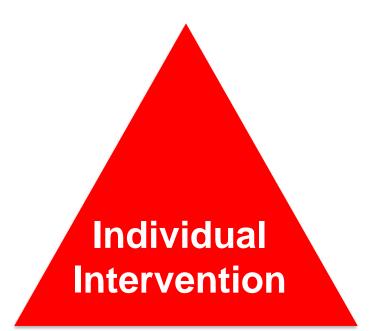
- Check In-Check Out
- Mentoring
- Skill Development Groups

Early Intervention for Some Students



# **Tertiary Supports (Tier III)**

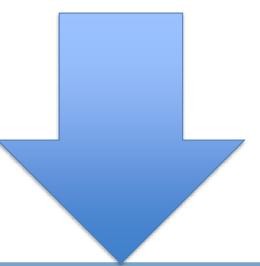
- Individualized Plan
- Support Team
- Linked with
   Community
   Agencies





# **Outcomes Associated with PBIS**

- Prosocial behavior
- Perception of safety
- Attendance
- Achievement
- Teacher self-efficacy
- Staff affiliations



- Discipline referrals
- Problem behaviors
- Suspensions
- Bullying
- Administrator time spent on discipline



# **PBIS Rules and Guidance**

| Federal   |  |   |  |
|---|--|---|--|
| Every Student<br>Succeeds Act<br>(ESSA)                       | Policy Statement<br>on Expulsion and<br>Suspension in EC<br>Settings | OSEP Dear<br>Colleague Letter<br>(OSEP) |  |
| STATE OF OHIO   |  |   |  |
| Rule<br>and Policy on<br>PBIS and<br>Restraint &<br>Seclusion | State Board<br>Resolution:<br>Student<br>Suspension                  | House Bill 318<br>(SAFE Act)            |  |



# Common Myths and Misconceptions



# **PBIS is NOT**

Packaged Curriculum



# Posters and Stickers

# Limited to specific groups of students

Against Consequences



# Aligning and Integrating with PBIS



# Partnership



To effectively address the holistic needs of a student, we need a holistic team.



# **Connect with PBIS Teams**

- Connect with PBIS District or School Team
- Help PBIS Teams Understand Your Work and How They Can Reinforce Your Efforts
- Ask PBIS Teams How You Can Reinforce
   PBIS in Your Lessons





# Aligning and Integrating with PBIS

- Audit of practices
- Crosswalk system, core features, activities
- Use common language across programs

| Respectful  | Responsible   | Engaged  |
|---|---|--|
| <ul> <li>Look at the other person<br/>when speaking.</li> <li>Wait until the person finishes<br/>speaking before saying<br/>something.</li> </ul> | •Not sharing what someone tells me with other people. | <ul> <li>Focus and listen to the person speaking.</li> </ul> |



Department

## www.education.ohio.gov Keyword search: PBIS

### Ohio Positive Behavioral Interventions & Supports

### What is Positive Behavioral Interventions and Supports (PBIS)?

PBIS is a framework that guides school teams in the selection, integration and implementation of evidence-based practices for improving academic, social and behavior outcomes for all students. The PBIS process emphasizes four integrated elements: **data** for decision making, evidence based **interventions and practices** that support varying student needs (multi-tiered), **systems** that efficiently and effectively support implementation of these practices, and continual progress monitoring to ensure **outcomes** are met.

PBIS is not a curriculum or a one-day training. PBIS is a systems change process that requires on-going commitment in order to create effective systems for teaching and addressing behavior and social-emotional skills.





## **PBIS.org**

#### Two New Self-Assessments for District and State Leadership Teams

Learn More

Learn More

FEATURED RESOURCES



#### WHAT IS PBIS?

Positive Behavioral Interventions and Supports (PBIS) is an evidence-based three-tiered framework to improve and integrate all of the data, systems, and practices affecting student outcomes every day. PBIS creates schools where all students surceed



#### WHO ARE WE?



Funded by the U.S. Department of Education's Office of Special Education Programs (OSEP) and the Office of Elementary and Secondary Education (OSE), the Technical Assistance Center on PBIs supports schools, districts, and states to build systems cepacity for implementing a multi-direct approach to social emotional and behavior support. The broad purpose of PBIS is to improve the effectiveness, efficiency and eauly of schools and other agencies. PBIS improves social emotional and caedemic succemes for all students, including students with disabilities and students from undererpresented groups.



# **Questions?**

