

Name: [REDACTED] Age: 29 Gender: F	Support Specialist: [REDACTED]	Initial Contact Date: February 2019, August 2019	Requested Topics: healthy relationships, appropriate masturbation, general sex education, contraception
Diagnosis(es): Bipolar, PTSD, Mild Intellectual Disorder, Lupus	Learning Ability/Style: verbal discussion, visual aids	Likes/Dislikes: art, Disney, music, Youtube	Employment: Day program 4 days per week *off on Thursdays
	Teacher Guide	Materials Needed	Additional Notes
Lesson Objectives	Gain understanding of [REDACTED] knowledge of relationships. Identify types of relationships in [REDACTED] life.	- None	
Lesson Overview	1. Welcome back 2. Important things to know 3. Today's session 4. Summary 5. End of session eval 6. Schedule next session	- Important things to know	
Icebreaker	What is your favorite kind of dessert?		
Summary of Tasks/Actions	Brainstorm: What types of relationships do people have? What types of relationships do you have? Activity: Circles of relationships Brainstorm: Healthy vs. unhealthy characteristics Activity: healthy or unhealthy?	- Circles of relationships activity - Healthy vs. Unhealthy brainstorm flip chart - Healthy vs. Unhealthy check sheet	
Active Engagement	Video: What Makes a Relationship Healthy from www.amaze.org	- Device to view video	
Take Home Tasks	Find an example of healthy relationship on your favorite TV show.		